



Learning Strategies Every Student Should Know

Overview

Excelling in college courses usually requires a different kind of studying than students did in high school. In order to excel, it's critical for students to understand the difference between studying and learning. One of the best ways to make sure that students are learning, and not just studying, is to introduce the concept of metacognition. This workshop walks students through the basics of metacognition. Using language that students will understand, the expert presenter explains how this concept can be integrated into study strategies and ultimately how it can help students move up Bloom's Taxonomy from lower level to higher level learning.

Objectives:

Students will:

- The difference between studying and learning
- The basics of metacognition
- How to use metacognition when studying
- The study cycle learning strategy
- How this study cycle can help you move to higher learning levels

Please Note: StudentLingo individual products and packages for students, such as Title IX, Campus Culture & Inclusivity Package are not part of the Go2Knowledge membership.

Presenter



Dr. Sandra Yancy McGuire

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Dr. Sandra Yancy McGuire is Professor of Chemistry and Assistant Vice Chancellor for Learning, Teaching and Retention at Louisiana State University. She is the former director of LSU's Center for Academic Success, the winner of the 2004 National College Learning Center Association (NCLCA) Frank L. Christ Outstanding Learning Center Award. She served as a mentor at the 2011 and 2007 NCLCA Summer Institutes and at the 2006 Winter Institute. Most recently, in 2010, she was awarded Level 4 Lifetime Learning Center Leadership Certification.

Dr. McGuire was named a 2011 Fellow of the American Association for the Advancement of Science (AAAS), and in 2010 she was named a Fellow of the American Chemical Society. She received the Presidential Award for Excellence in Science, Mathematics, and Engineering Mentoring in a 2006 White House Oval Office Ceremony.

Dr. McGuire has been teaching chemistry and working in the area of learning support for the past 40 years and has presented her widely praised workshop, "Teaching Students How to Learn", at over 100 colleges and universities.